

Kavi Sachar, M.D.
The Steadman Clinic
181 West Meadow Drive Suite 400
Vail, Colorado 81657

Education:

Albany Medical College
Albany, New York
M.D. 1990
Alpha Omega Alpha (AOA)

Rensselaer Polytechnic Institute
Six Year Medical Education Program
Troy, New York
B.S. Biology 1986
Cum Laude

Postgraduate Training:

Hand Surgery Fellowship, 1997
The Indiana Hand Center
University of Indiana School of Medicine
Indianapolis, Indiana

Orthopaedic Surgical Residency, 1990-1996
Department of Orthopaedic Surgery
Brown University School of Medicine
Providence, Rhode Island

General Surgical Internship, 1990
Department of General Surgery
Brown University School of Medicine
Providence, Rhode Island

National Certification:

American Board of Orthopedic Surgery
Recertified, 2019-2030

Certificate of Added Qualification in Hand Surgery, 2000

Level II certified State of Colorado
1998-present

American Academy of Orthopedic Surgeons
Board Certified, 1999

National Board of Medical Examiners
Diplomat, July 1990

Professional Organizations:

American Society for Surgery of the Hand
Active member, 2000-present

American Academy of Orthopedic Surgeons
Active Fellow, 1999-present

Carpe Diem Hand Club
Member, 1999-present

Colorado Medical Society
Member, 1997-present

Rocky Mountain Hand Society
Member, 1997-present

Denver Medical Society
Member, 1997-present

Academic Appointments:

Clinical Assistant Professor
Department of Orthopedic Surgery
University of Colorado School of Medicine
Denver, Colorado
2003

Clinical Instructor, 1996
Department of Orthopedic Surgery
Brown University School of Medicine
Providence, Rhode Island

Honors:

Haffenreffer Fellowship Award for
Outstanding Basic Research
Brown University School of Medicine, 1995

Alpha Omega Alpha (AOA)
Medical Honor Society, 1988

Harold C. Wiggers Award: Most Likely to
Become an Outstanding Physician
Albany Medical College, 1990

Sigma XI
Scientific Research Honor Society, 1988

Letter of Commendation for Scholastic
Excellence
Albany Medical College, 1987

Cum Laude
Rensselaer Polytechnic Institute, 1986

Weiss APC, Sachar K, Gendrau M
The Conservative Management of Carpal Tunnel Syndrome: A Re-examination of Steroid Injection and Splinting.
Feature Paper: Research Day, American Society of Hand Therapists, Annual Meeting, Washington, DC 1994

Editorial Boards/ Committees:

Program Co-Chair, *Demystify Upper Extremity Nerves*, Denver, CO, 2019

Program Co-Chair, *Demystify the Elbow*, Denver, CO, 2018

Moderator/faculty, Indo-US Hand Trauma Conference, Hubballi, India, 2018

Moderator, Controversies in Hand Surgery, ASSH 63rd Annual Meeting, San Francisco, CA, 2017

Program Co-Chair, *Demystify the Thumb*, Denver, CO, 2017

Program Committee Member, ASSH 62nd Annual Meeting Austin, TX, 2016

Program Co-Chair, *Demystify Wound Care*, Denver, CO 2016

Program Co-Chair, *Demystify the Cartilage, Ligaments and Fascia*, Denver, CO 2015

Program Co-Chairman, *Demystify the Wrist*, Denver, Co, 2014

Program Committee Member, ASSH 60th Annual Meeting,
Boston, MA 2014

Pre-Course Co-Chairman, *Ulnar Wrist: Reconstruction and Salvage*, ASSH, 59th Annual Meeting, 2013, San Francisco, CA, 2013

Program Co-Chairman, *The How and Why of Hand Surgery*, Denver, CO, 2013

Program Co-Chairman, *Demystify the Finger*, Denver, CO, 2012

Editorial Board, *Techniques in Hand and Upper Extremity Surgery*, 2020-present

Associate Editor, *Journal of the American Society for Surgery of the Hand*
2001-2011

Manuscript Reviewer, *Journal of Hand Surgery*, 2001-present

Manuscript Reviewer, *Current Orthopedic Practice*
2009-present

Manuscript Reviewer, *Journal of Hand and Microsurgery*
2011-present

Oral Board Examiner, American Board of Orthopedic Surgery
2010-present

State of Colorado Cumulative Trauma Task Force Committee
2009-2010

Publications:

Sachar, K, Ulnar Sided Wrist Pain: Evaluation and Treatment of Triangular Fibrocartilage Complex Tears, Ulnocarpal Impaction Syndrome and Lunotriquetral Ligament Tears, JHS, 21(1), 117-121, 2012

Sachar K, *Fractures of the Hand*, ASSH Manual of Hand Surgery, Lippincott, Williams and Wilkins, 2010

Sachar K, Ulnar-Sided Wrist Pain: Evaluation and Treatment of Triangular Fibrocartilage Complex Tears, Ulnocarpal Impaction Syndrome, and Lunotriquetral Ligament Tears, JHS, 33(9), 1669-1679, 2008

Shin A, Sachar K, Dietch M, Boyer M, Instructional Course Lecture: *Ulnar Sided Wrist Pain: Low Back Pain of the Wrist*, Journal of Bone and Joint Surgery, JBJS, 86A(7), 1560-1574, 2004

Sachar K, *Ulnar Nerve Reconstruction*, Hand Surgery, Lippincott, Williams and Wilkins, 979-990, 2004

Boyer M, Leversedge F, Sachar K, Strickland JW, Engles D, Instructional Course Lecture: *Flexor Tendon Repairs: State of the Art*, Journal of Bone and Joint Surgery, JBJS, 2002

Sachar K, *Fractures of the Hand, Ligament Injuries of the Hand* Orthopaedic Knowledge Update 7, American Academy of Orthopaedic Surgeons publication, 2002

Sachar K, Hastings H, *Total Wrist Arthrodesis*, Surgery of the Arthritic Hand and Wrist, Lippincott, Williams and Wilkins, 2002

Sachar K, Mih A *Open Reduction of Congenital Radial Head Dislocations*, Hand Clinics 14(1), 39-47, 1998

Sachar K, Weiss APC, Goel R *The Acute and Chronic Effects of Nicotine on The Survival of Ischemic Extremity Replants* Accepted, Journal of Reconstructive Microsurgery 14(3): 179-84, 1998

Weiss APC, Sachar K, Glowacki K *Arthroscopic Debridement Alone for Intercarpal Ligament Tears* Journal of Hand Surgery, 22A:344-349, 1997

Glowacki K, Breen C, Sachar K, Weiss APC *Electrodiagnostic Testing and Carpal Tunnel Release Outcome* Journal of Hand Surgery 21A:117-122, 1996

Griggs S, Weiss APC, Lane L, SchwenkerC, Akelman A, Sachar K *Treatment of Trigger Finger in Patients with Diabetes Mellitus* Journal of Hand Surgery 21A:117-122, 1996

Weiss APC, Sachar K, Gendrau M. *The Conservation Management of Carpal Tunnel Syndrome: A re-examination of Steroid Injection and Splinting* Journal of Hand Surgery 19A(3):410-415, 1994 Bone and Joint Diseases: Index and Reviews 3(3):16, 1994

Weiss APC, Sachar K *Soft Tissue Contractures about the Elbow* Hand Clinics 10 (3):493-451,1994

Sachar K, Akelman E, Ehrlich, M *Radioulnar Synostosis* Hand Clinics 10(3):399-404, 1994

Grants:

The Effects of Cold and Warm Ischemia on Physal Growth in a Limb-Replant Model

American Society for Surgery of the Hand

September, 1994-September, 1995

Amount: \$6,945.00 (Principal Investigator)

Abstracts:

Weiss APC, Sachar K, Gendrau M *The Conservation Management of Carpal Tunnel Syndrome: A re-examination of Steroid Injection and Splinting* Transactions of the Eastern Orthopaedic Association, twenty fourth Annual Meeting Orlando, FL 1993

Sachar K, Glowacki K, Weiss APC *A Prospective Study of Arthroscopic Debridement Alone for Intercarpal Ligament Tears* Transactions of the American Academy of Orthopaedic Surgeons sixty second Annual Meeting, Orlando, FL 1995

Glowacki K, Breen C, Sachar K, Weiss APC *Electrodiagnostic Testing and Carpal Tunnel Release Outcome* Transactions of the American Academy of Orthopaedic Surgeons sixty second Annual Meeting, Orlando, FL 1995

Sachar K, Goel R, Madnani D, Alford W, Izzi J Blanks R, Glowacki K, Weiss APC *The Acute and Chronic Effects of Nicotine on The Survival of Ischemic Extremity Replants* Transactions of the Orthopaedic Research Society forty first Annual Meeting, Orlando, FL 1995

Glowacki K, Alford W, Breen C, Goel R, Sachar K, Weiss APC *The Effect of Wrist Ulnar Variance on Forces Across*

the Lunotriquetral Ligament Transactions of the International Orthopaedic Research Society second Meeting, San Diego, CA 1995

Sachar K, Akelman E, Weiss APC *Carpal Tunnel Release Outcome and Objective Measures: 7-10 Year Follow-up* Transactions of the American Academy of Orthopaedic Surgeons sixty third Annual Meeting, Atlanta, GA 1996

Weiss APC, Blanks R, Glowacki K, Sachar K, Moore D, Panzica M, Koch R, Thompson N *TGF-B Expression in Extremity Replant Reperfusion Injury* Transactions of the Orthopaedic Research Society forty second Annual Meeting, Atlanta, GA 1996

Sachar K, Akelman E, Weiss APC *Carpal Tunnel Release Outcome and Objective Measures: 7-10 Year Follow-up* Transactions of the American Society for Surgery of the Hand fifty first Annual Meeting, Nashville, TN 1996

Sachar, K. Glowacki K, Koch R, Weiss APC *TGF-B Expression in Extremity Replan Reperfusion Injury* Transactions of the American Society for Surgery of the Hand fifty first Annual Meeting, Nashville, TN 1996

Sachar , K, Weiss APC *The Extensile Medial Approach for Elbow Contracture Release* Transactions of the American Academy of Orthopaedic Surgeons sixty fourth Annual Meeting, San Francisco, CA 1997

Weiss APC, Sachar K, Glowacki K, Moore D Koch R, Panzica M, Thompson N *TGF-B Isoform Expression After Ischemia and Reperfusion* Submitted Orthopaedic Research Society forty third Annual Meeting, San Francisco, CA 1997

Presentations:

TFCC Tears: Diagnosis and Management
Hand Conference, University of Colorado, 2019
Macro anatomy: From Brain to Fingertips, Doctors
Demystify Nerves, Denver, CO, 2019

Approach to Ulnar Sided Wrist Pain
Residents Conference, University of Colorado, October, 2018

DRUJ Instability
ASSH 64th Annual Meeting, Boston, MA, 2018

Total Elbow Replacement
Doctors Demystify the Elbow
Denver, CO, April, 2018

Examination of the Injured Hand
Indo-US Hand Trauma Conference, Hubballi, India, 2018

Closed Treatment of Metacarpal Fractures
Indo-US Hand Trauma Conference, Hubballi, India, 2018
Casting and Pin Fixation Of Distal Radius Fractures
Indo-US Hand Trauma Conference, Hubballi, India, 2018

Monoblock Plating of Distal Radius Fractures
Indo-US Hand Trauma Conference, Hubballi, India, 2018

TFCC and DRUJ Instability
ASSH 63rd Annual Meeting, San Francisco, CA, 2017

Burns and Thumb Contractures
Doctors Demystify the Thumb, Denver, CO, 2017

Replantation

Doctors Demystify the Thumb, Denver, CO, 2017

Approach to Ulnar Sided Wrist Pain

ASSH Wrist Course, Denver, CO, 2017

Approaches to the Ulnar Wrist

Advanced AO Upper Extremity Course, Miami, FL, 2017

PIP Arthrodesis

Advanced AO Upper Extremity Course, Miami, FL, 2017

Replantation Surgery

ASSH 62nd Annual Meeting, Austin, TX, 2016

Imaging of the Ulnar Wrist

ASSH 62nd Annual Meeting, Austin, TX, 2016

Insufficiency Distal Radius Fractures in the Elderly

Comprehensive Hand Course, Orlando, FL, 2016

Treatment of Distal Radius Fractures

AO Hand Fracture Course, San Francisco, CA, 2016

Treatment of Metacarpal Fractures

AO Hand Fracture Course, St. Louis, MO 2015

TFCC Tears, DRUJ Instability

Doctor's Demystify, Denver, CO 2014

Cartilage and Ligament Injuries

Doctor's Demystify, Denver, CO, 2013

Treatment of Scaphoid Fractures

AO Hand Fracture Course, San Francisco, CA, 2013

Metacarpal Fracture Fixation

AO Hand Fracture Course, San Francisco, CA, 2013

Ulnar Sided Wrist Pain: Imaging

Ulnar Wrist: Reconstruction and Salvage

ASSH 59th Annual Meeting, San Francisco, CA, 2013

Case Presentations

Ulnar Wrist: Reconstruction and Salvage

ASSH 59th Annual Meeting, San Francisco, CA, 2013

Rheumatoid Arthritis

Demystify the Finger Joint

Denver, CO, April 14, 2012

Insufficiency Distal Radius Fractures in the Eldery.

AO Hand and Wrist Fracture Management Course

Dallas, Tx, March 14-16, 2012

Tennis Elbow: Current Operative and Nonoperative

Treatment. ASSH 57th Annual Meeting, Las Vegas, NV, 2011

Computers and Mobile Technology: Mobile Applications.

ASSH 57th Annual Meeting, Las Vegas, NV, 2011

Anatomy of the Shoulder.

Demystify the Shoulder

Denver, CO, August 14, 2010

Radius Malunion and DRUJ Instability: Pathophysiology and Indications for Surgical Correction, ASSH 56th Annual Meeting, Boston, MA 2010

Treatment of Pain After Dorsal Carpal Ganglion Excision: PIN Entrapment, 98TH Annual Clinical Orthopaedic Society Meeting, Denver, CO 2010

Flexor Tendon Injuries, Comprehensive Review in Hand Surgery AAOS, Chicago, Il, 2007-2010

Fractures of the Hand and Wrist, Comprehensive Review in Hand Surgery AAOS, Chicago, Il, 2007-2010

What's New in Elbow Surgery? Hand SIG Study Group, Denver, CO, 2009

Carpal Tunnel Syndrome, Doctors Demystify the Hand, Denver, CO, 2009

Intrarticular Distal Radius Fractures, AO Hand and Distal Radius Fracture Course, Phoenix, AZ April 2007

Fracture of the Distal Radius, AO Basic Course, Denver, CO November 2007

Flexor Tendon Repair: State of the Art, Instructional Course Lecture, American Academy of Orthopaedic Surgeons seventy first annual meeting, San Francisco, CA, 2004

Low Back Pain of the Wrist: Ulnar Sided Wrist Pain, Instructional Course Lecture, American Academy of Orthopaedic Surgeons seventy first annual meeting, San Francisco, CA, 2004

Flexor Tendon Repair: State of the Art, Instructional Course Lecture, American Academy of Orthopaedic Surgeons seventieth annual meeting, New Orleans, LA, 2003

Low Back Pain of the Wrist: Ulnar Sided Wrist Pain,
Instructional Course Lecture, American Academy of
Orthopaedic Surgeons seventieth annual meeting, New
Orleans, LA, 2003

Flexor Tendon Repair: State of the Art, Instructional Course
Lecture, American Academy of Orthopaedic Surgeons sixty-
ninth annual meeting, Dallas, Tx, 2002

Open Reduction of Congenital Radial Head Dislocation Tri-
City Hand Meeting Louisville, KY 1997

The Extensile Medial Approach for Elbow Contracture
Release American Academy of Orthopaedic Surgeons sixty
fourth Annual Meeting, San Francisco, CA 1997

TGF-B Expression in Extremity Replant Reperfusion Injury
American Society for Surgery of the Hand forty second
Annual Meeting, Nashville, TN 1996

*Carpal Tunnel Release Outcome and Objective Measures: 7-
10 Year Follow-up* American Society for Surgery of the
Hand fifty first Annual Meeting, Nashville, TN 1996

TGF-B Expression in Extremity Replant Reperfusion Injury
Orthopaedic Research Society forty second Annual Meeting,
Atlanta, GA 1996

*Carpal Tunnel Release Outcome and Objective Measures: 7-
10 Year Follow-up* American Academy of Orthopaedic
Surgeons sixty third Annual Meeting, Atlanta, GA 1996 New
England Hand Society, twenty fifth Annual Meeting,
Sturbridge, MA 1995

The Effect of Wrist Ulnar Variance on Forces Across the Lunotriquetral Ligament Combined Othropaedic Research Society second Annual Meeting, San Diego, CA 1995

The EVG/NCV Test and Carpal Tunnel Release Outcome American Academy of Othropaedic Surgeons sixty second Annual Meeting, Orlando, FL 1995 Academic Orthopaedic Association twenty eighth Annual Resident Meeting Pittsburgh, PA 1995

A Prospective Study of Arthroscopic Debridement Alone for Intercarpal Ligament Tears American Academy of Orthopaedic Surgeons sixty second Annual Meeting, Orlando, FL 1995

The Acute and Chronic Effects of Nicotine on The Survival of Ischemic Extremity Replants Orthopaedic Research Society forty first Annual Meeting, Orlando, FL 1995

The Conservation Management of Carpal Tunnel Syndrome: A Re-examination of Steroid Injection and Splinting Eastern Orthopaedic Association twenty fourth Annual Meeting, Orlando, FL 1993 New England Hand Society twenty third Annual Meeting, Sturbridge, MA 1993

Assessment of Chemo-Radio Nuclide Protocol for Proliferation Human Lymphocytes Eastern Student Research Forum University of Miami, FL 1988